

Mercy High School

March 9, 2020

Exec Sous Chef: Victor Pachas

victor@epicurean-

group.com



Monday March 9, 2020

Breakfast Bistro Build Your Own Breakfast: Soft Scrambled Cage-Free Eggs, Organic Yukon Gold Potatoes, Daily: Applewood Smoked Bacon.

Today's Soup Lentil Stew

Deli Creation Black Ham Salad with Cranberries, Celery and Onions on Herb Focaccia

Composed Salad Island Chicken and Mango Salad with Red Onions, Cilantro and Happy Boy Romaine Hearts

Kitchen Table Organic Chicken Asado

Organic Sides Patatas Bravas and Roasted Broccoli

After School Snack Jumbo Hope's Cookies, Fresh Fruit Smoothies, Kettle Chips, Chocolate Covered Pretzels and

Tuesday March 10, 2020

Breakfast Bistro Cage Free Organic Egg Bites with Bacon & Cheese, Suns Up Sandwich or Breakfast Burrito

Today's Soup Cream of Tomato and Basil

Deli Creation Five Cheese Grilled Cheese Sandwich

Composed Salad Orzo Pasta Salad with Spinach, Shredded Carrots and Citrus Aioli

Kitchen Table Organic Grass Fed Beef Lasagna or Veggie Lasagna

Sides Garlic Bread and Steamed Spinach

After School Snack Jumbo Hope's Cookies, Fresh Fruit Smoothies, Chips, Chocolate Covered Pretzels and More

Wednesday March 11, 2020

Breakfast Bistro Cage Free Chicken Apple Sausage, Breakfast Burrito with Cheese and Ham, and Organic Home Fries.

Today's Soup Chicken and Dumplings

Deli Creation Korean Bulgogi with Onions, Lettuce and Sambal Sweet Sauce

Composed Salad Asian Chopped Salad with Napa Cabbage, Cilantro, Mint, Crispy Wonton Strips & Mandarin Dressing

Kitchen Table Korean Style Pork Medallions

Organic Sides Fried Rice and Vegetables

After School Snack Jumbo Hope's Cookies, Fresh Fruit Smoothies, Chips, Chocolate Covered Pretzels and More

Thursday March 12, 2020

Breakfast Bistro Vanilla Scented French Toast with Butter and Organic Home Fries.

Today's Soup Potato Soup

Deli Creation Philly Cheese Steak with Onions and Peppers

Composed Salad Ambrosia Salad with Mandarin Oranges, Pineapple and Coconut Flakes

Global Adventures Organic Mac and Cheese

Organic Sides Garlic Roasted Zucchini and LeBoulangier Toast

After School Snack Jumbo Hope's Cookies, Fresh Fruit Smoothies, Chips, Chocolate Covered Pretzels and More

Friday March 13, 2020

Breakfast Bistro Pancakes and Vegan Patties with Scramble Eggs.

Today's Soup Tortilla Soup

Deli Creation Banh Mi with Cucumbers, Pickled Carrots and Sriracha Infused Mayonnaise

Composed Salad Peruvian "Ensalada Rusa" Potato Salad with Golden Beets, Carrots, Green Peas & Lemon Vinaigrette

Global Adventures Bang Bang Shrimp Tacos with Mae-Long Garlic Sauce

Organic Sides Braised Organic Black Beans and Cole Slaw

After School Snack Jumbo Hope's Cookies, Fresh Fruit Smoothies, Chips, Chocolate Covered Pretzels and More

Fresh.Honest.Local

Did you know?

The Epicurean Group only offers

Grass Fed Beef

Grass Fed Beef

Free Range Poultry

NON GMO Milk

Free Range Poultry

NON GMO Milk

In-House made Soups

Cage Free Eggs

Wild Seafood

Dolphin Free Tuna

Dressing are from Scratch

Only in-House Roasted Meats

Because we care about our environment and YOU!

Breakfast Hours 7:00 - 10:00 Afternoon Snack Hours 1:00 - 3:00

Lunch Hours: 11:10 - 12:00 or 12:05 - 12:55

Wednesday Sweet Treat Home Made Bread Pudding with Caramel Sauce

Exec Sous Chef: Victor Pachas

victor@epicurean-group.com

Angela Ferreira Café/ General Manager

Email: angela@epicurean-group.com

Menu subject to change

